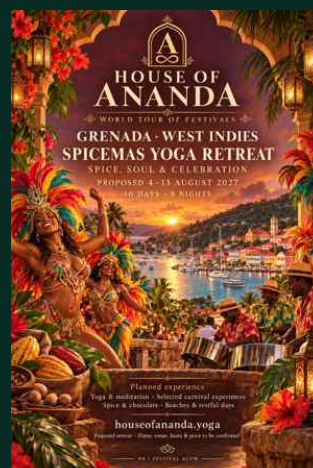
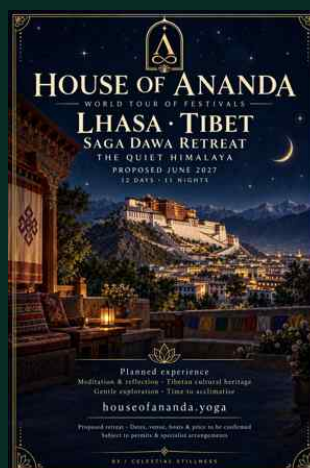
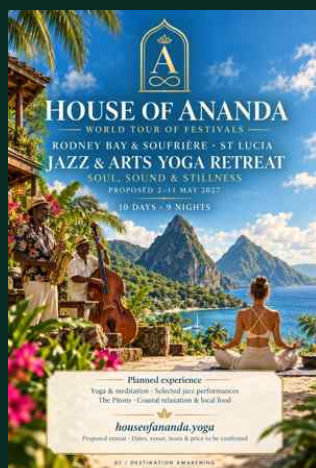
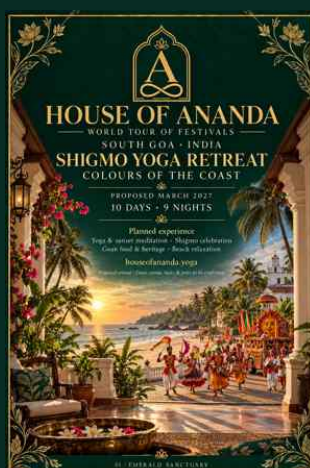


HOUSE OF ANANDA

WORLD TOUR OF FESTIVALS

*A year of movement,
culture and connection*



22 RETREAT CONCEPTS

2027 - January 2028

ILLUSTRATED RETREAT COLLECTION & SCHEDULE

Movement · Stillness · Wisdom · Journey

Dates, venues, hosts, prices and programmes remain subject to confirmation.

January to June

All dates below are proposed retreat dates or planning windows, not booking confirmations.

CEBU & BOHOL / PHILIPPINES

Sinulog Yoga Retreat

January 2027

10 Days · 9 Nights

RIO & PARATY / BRAZIL

Carnival Yoga Retreat

February 2027

11 Days · 10 Nights

SOUTH GOA / INDIA

Shigmo Yoga Retreat / **NEW**

March 2027

10 Days · 9 Nights

RISHIKESH / INDIA

Holi Yoga Retreat

18-27 March 2027

10 Days · 9 Nights

KRABI / THAILAND

Songkran Yoga Retreat

10-19 April 2027

10 Days · 9 Nights

UBUD / BALI

Balispirit Yoga Retreat

April 2027

10 Days · 9 Nights

RODNEY BAY & SOUFRIÈRE / ST LUCIA

Jazz & Arts Yoga Retreat / **NEW**

2-11 May 2027

10 Days · 9 Nights

NOSY BE / MADAGASCAR

Donia Yoga Retreat

May-June 2027

11 Days · 10 Nights

LHASA / TIBET

Saga Dawa Retreat / **NEW**

June 2027

12 Days · 11 Nights

CUSCO & SACRED VALLEY / PERU

Inti Raymi Yoga Retreat

June 2027

12 Days · 11 Nights

Published festival anchor: St Lucia Jazz & Arts, 30 April-9 May 2027. Our proposed retreat is 2-11 May. Goa and Holi may overlap; Tibet and Peru need separate hosting or rotation.

July to September

All dates below are proposed retreat dates or planning windows, not booking confirmations.

TAHITI / FRENCH POLYNESIA

Heiva Yoga Retreat / **NEW**

July 2027

11 Days · 10 Nights

MAKUNDUCHI / ZANZIBAR

Mwaka Kogwa Yoga Retreat

July 2027

10 Days · 9 Nights

TOBAGO / WEST INDIES

Heritage Yoga Retreat / **NEW**

Late July 2027

10 Days · 9 Nights

RAROTONGA / COOK ISLANDS

Te Maeva Nui Yoga Retreat / **NEW**

July-August 2027

11 Days · 10 Nights

KANDY & EAST COAST / SRI LANKA

Esala Perahera Yoga Retreat

July-August 2027

12 Days · 11 Nights

GRENADA / WEST INDIES

Spicemas Yoga Retreat / **NEW**

4-13 August 2027

10 Days · 9 Nights

UPOLU / SAMOA

Teuila Yoga Retreat

September 2027

12 Days · 11 Nights

Published festival anchor: Grenada Spicemas, 9-10 August 2027. Our proposed retreat is 4-13 August. July and August contain several competing departures: choose a Caribbean or Pacific programme, or allocate separate hosts.

Pacific collection: Tahiti, Rarotonga and Samoa are proposed individual departures. Combined travel depends on confirmed schedules and flight connections.

October to January

All dates below are proposed retreat dates or planning windows, not booking confirmations.

HARARE & VICTORIA FALLS / ZIMBABWE

Jacaranda Music & Yoga Retreat / **NEW**

October 2027

9 Days · 8 Nights

RISHIKESH / INDIA

Diwali Yoga Retreat

October 2027

9 Days · 8 Nights

KATHMANDU & POKHARA / NEPAL

Tihar Yoga Retreat / **NEW**

October-November 2027

12 Days · 11 Nights

ANTIGUA & LAKE ATITLÁN / GUATEMALA

Giant Kites Yoga Retreat

November 2027

10 Days · 9 Nights

ABÉNÉ / SENEGAL

Festival Yoga Retreat

December 2027-January 2028

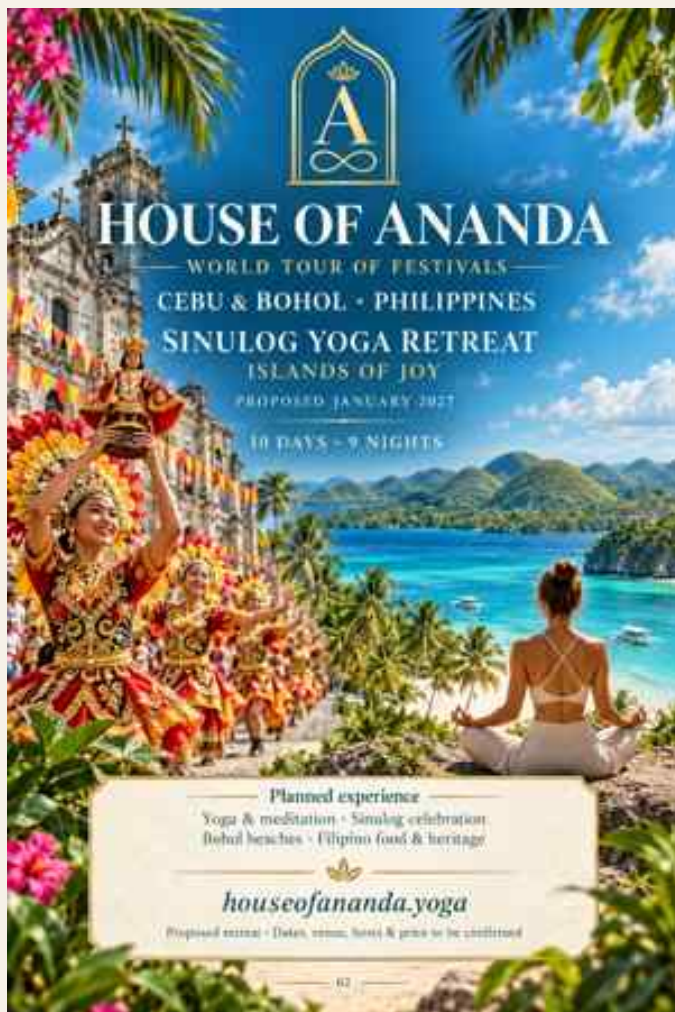
11 Days · 10 Nights

Himalayan choice: Nepal Tihar and Rishikesh Diwali fall in the same festival period. Plan alternatives or separate teams. Zimbabwe may precede a Himalayan departure once exact dates are agreed.

Year-end: The Senegal concept crosses into January 2028. This is a year-round collection; it is not a promise that every retreat will operate in the first year.

Philippines

Cebu & Bohol



Islands Of Joy

Sinulog Yoga Retreat

January 2027

10 Days • 9 Nights / Proposed

Begin with the colour and energy of Sinulog, then slow the pace with Bohol beach time. This proposed journey brings yoga, Filipino food and cultural discovery into a gentle island rhythm.

For travellers drawn to joyful celebrations and quiet coastal mornings.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Bohol beaches

Sinulog celebration

Filipino food & heritage

Festival access and the detailed programme will be confirmed before bookings open.

Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Brazil

Rio & Paraty



Rhythm & Renewal

Carnival Yoga Retreat

February 2027

11 Days · 10 Nights / Proposed

Let the energy of Carnival meet the restorative pace of the coast. Yoga and movement sessions frame selected festival experiences, with room to enjoy Brazilian food and unhurried days in Paraty.

For those who want expressive festival energy balanced with time to recharge.

YOUR PROPOSED EXPERIENCE

Yoga & movement

Coastal relaxation

Carnival experience

Brazilian food & culture

Festival access and the detailed programme will be confirmed before bookings open.

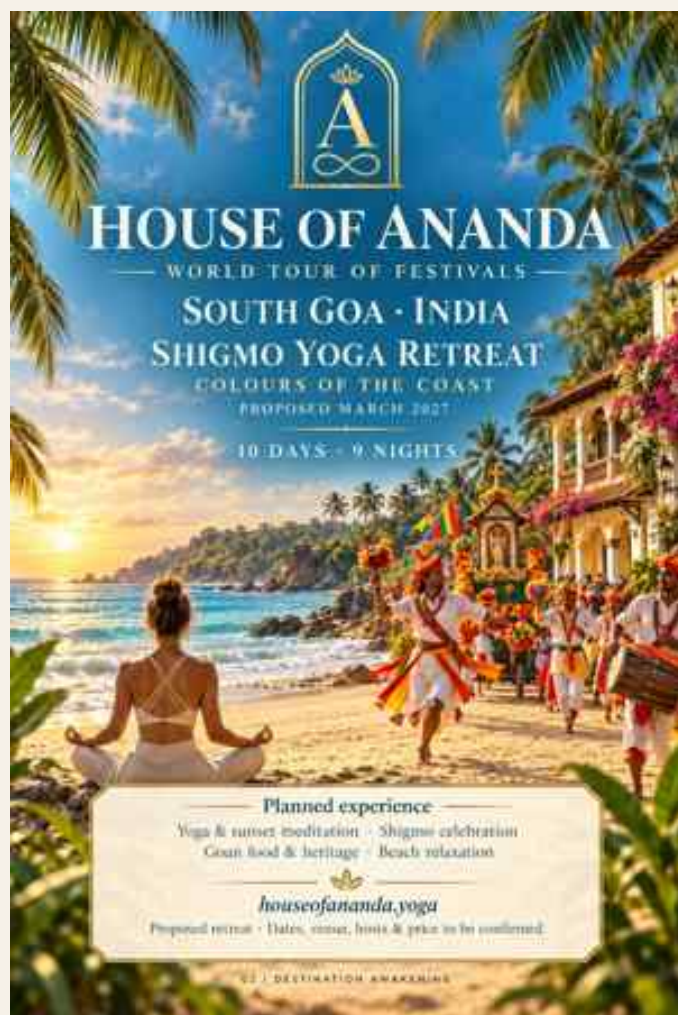
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Goa

South Goa



Colours Of The Coast

Shigmo Yoga Retreat

March 2027

10 Days · 9 Nights / Proposed

Find a softer rhythm on the Goan coast, with sunset practice, local food and time beside the sea. A locally guided Shigmo outing brings colour and celebration to this proposed beach retreat.

For beach lovers who enjoy culture, gentle movement and spacious days.

YOUR PROPOSED EXPERIENCE

Yoga & sunset meditation

Goan food & heritage

Shigmo celebration

Beach relaxation

2027 parade schedule to confirm; coordinate with Holi.

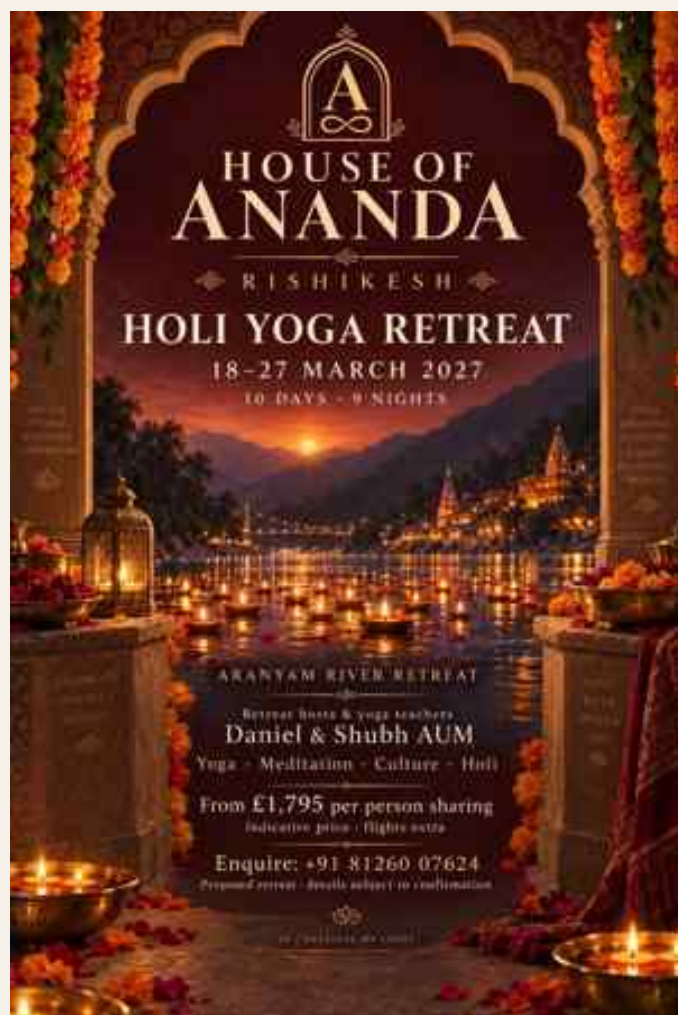
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Rishikesh

Holi in the Himalayan foothills



Celebrate Colour

Holi Yoga Retreat

18-27 March 2027

10 Days · 9 Nights / Proposed

Welcome a new season with colour, community and time for practice. This Holi concept combines yoga and meditation with the atmosphere of Rishikesh, leaving space for reflection between cultural experiences.

For travellers seeking shared celebration and a deeper connection to their practice.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Local food

Cultural visits

Festival celebration

Festival access and the detailed programme will be confirmed before bookings open.

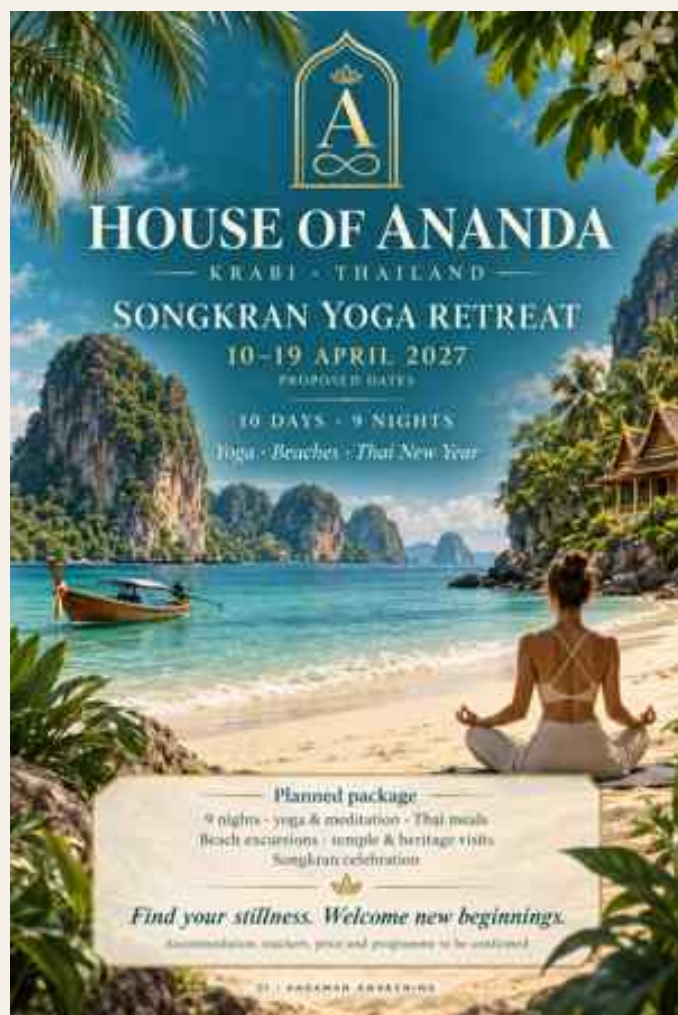
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Thailand

Krabi & the Andaman coast



Andaman Awakening

Songkran Yoga Retreat

10-19 April 2027

10 Days · 9 Nights / Proposed

Wake to coastal light and settle into yoga, meditation and beach time. Around Songkran, the proposed journey welcomes Thai New Year with cultural visits, Thai food and a sense of fresh beginnings.

For a warm-weather reset with gentle adventure and festive moments.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Local food

Cultural visits

Festival celebration

Festival access and the detailed programme will be confirmed before bookings open.

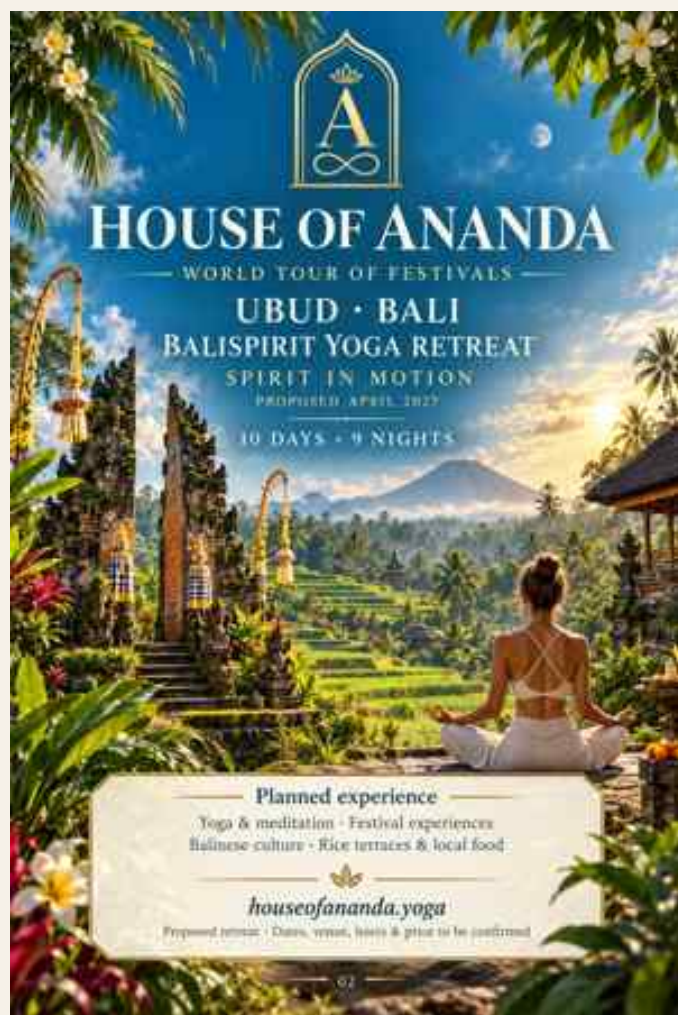
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Bali

Ubud



Spirit In Motion

Balispirit Yoga Retreat

April 2027

10 Days • 9 Nights / Proposed

Make space for movement and stillness in a retreat inspired by Ubud and the BaliSpirit festival. Balinese culture, local food and rice-terrace scenery complement a proposed programme of yoga and meditation.

For curious practitioners who enjoy a creative, community-minded atmosphere.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Balinese culture

Festival experiences

Rice terraces & local food

Festival access and the detailed programme will be confirmed before bookings open.

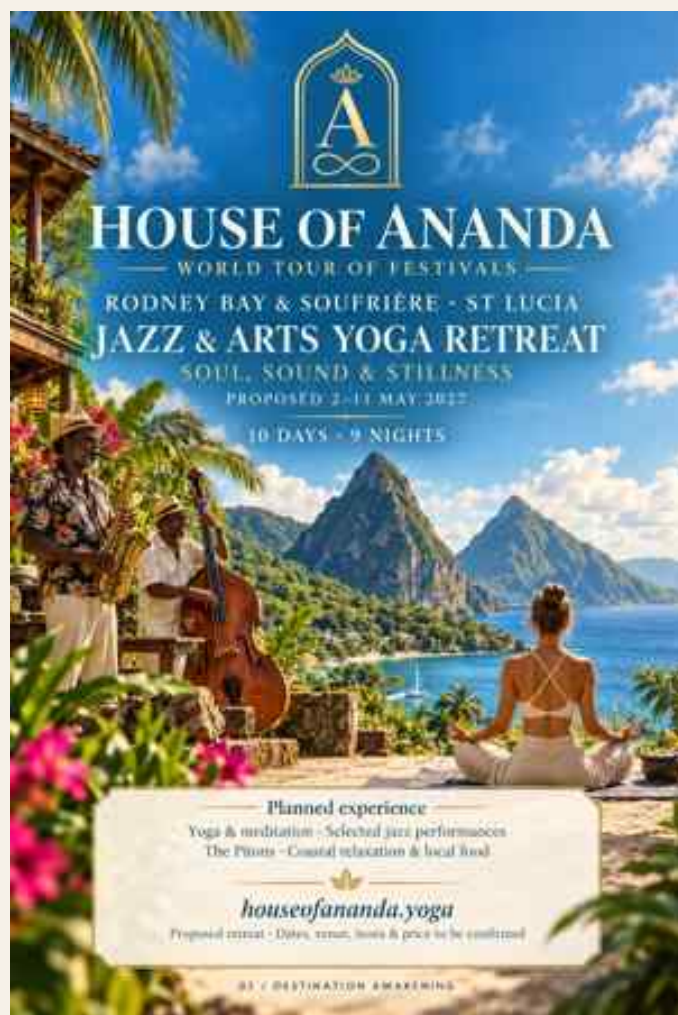
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

St Lucia

Rodney Bay & Soufrière



Soul, Sound & Stillness

Jazz & Arts Yoga Retreat

2-11 May 2027

10 Days · 9 Nights / Proposed

Follow selected jazz performances with quieter days near the Pitons. This proposed two-centre journey brings music, coastal relaxation and daily practice together in a Caribbean setting.

For music lovers who want an inspiring escape with time to unwind.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

The Pitons

Selected jazz performances

Coastal relaxation & local food

Festival announced: 30 April-9 May. Retreat remains proposed.

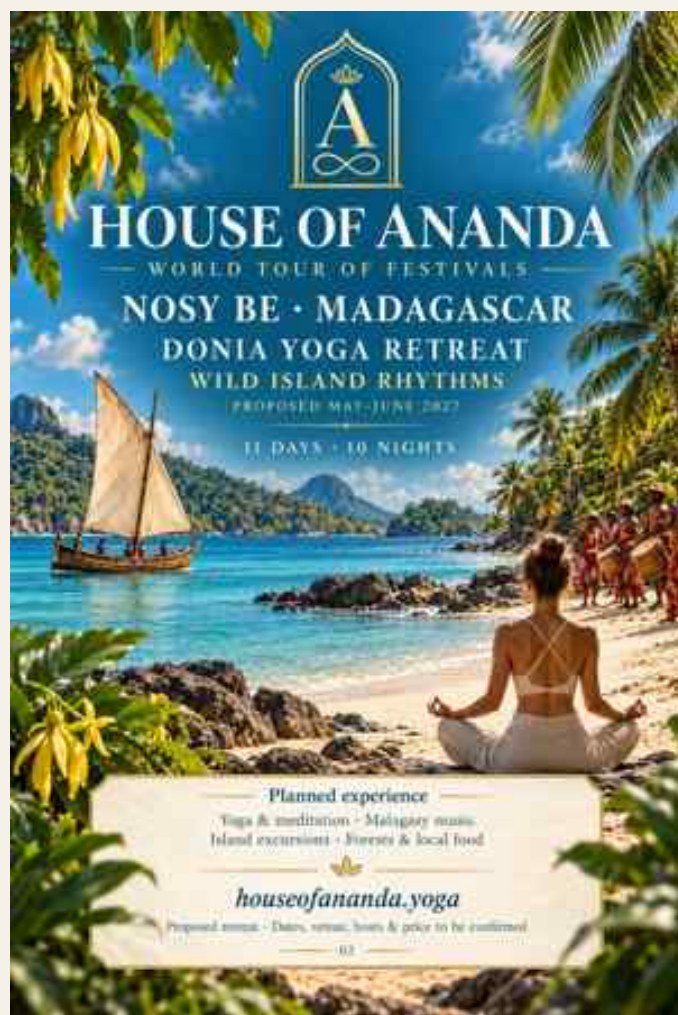
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Madagascar

Nosy Be



Wild Island Rhythms

Donia Yoga Retreat

May-June 2027

11 Days • 10 Nights / Proposed

Discover an island retreat shaped by Malagasy music and the Donia festival. Yoga, meditation, local food and proposed forest and island excursions make room for both exploration and rest.

For travellers drawn to island culture, nature and a slower pace.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Island excursions

Malagasy music

Forests & local food

Festival access and the detailed programme will be confirmed before bookings open.

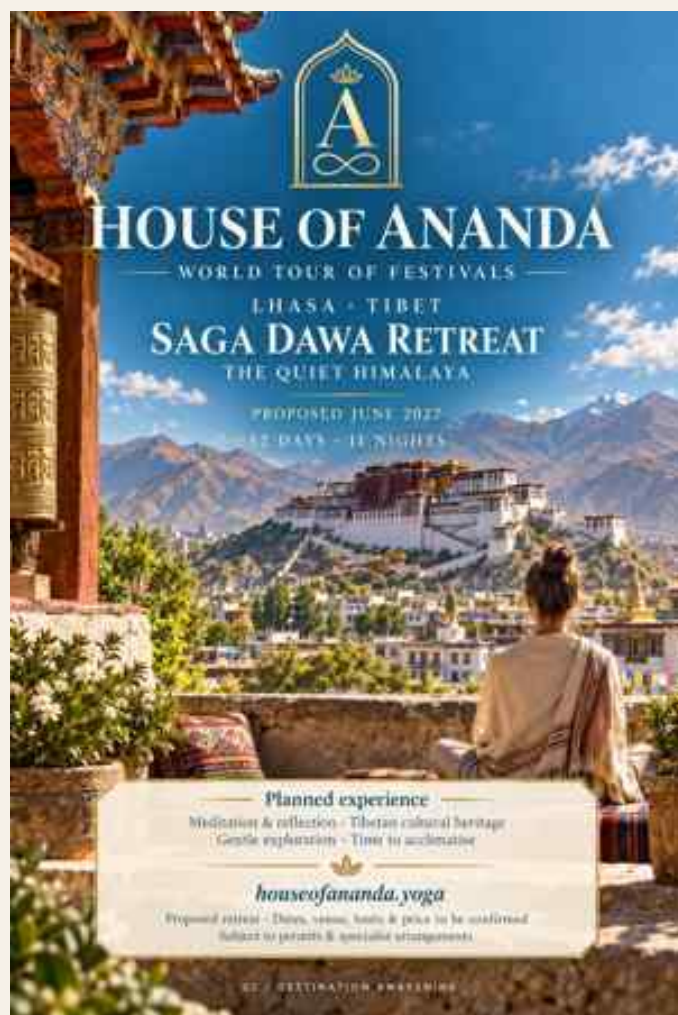
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Tibet

Lhasa



The Quiet Himalaya

Saga Dawa Retreat

June 2027

12 Days · 11 Nights / Proposed

A contemplative journey centred on meditation, Tibetan cultural heritage and gentle exploration. The proposed Saga Dawa retreat leaves generous time for acclimatisation and locally guided interpretation.

For those seeking a reflective cultural journey with a deliberately slow pace.

YOUR PROPOSED EXPERIENCE

Meditation & reflection

Gentle exploration

Tibetan cultural heritage

Time to acclimatise

Specialist operator and permits required; festival access to confirm.

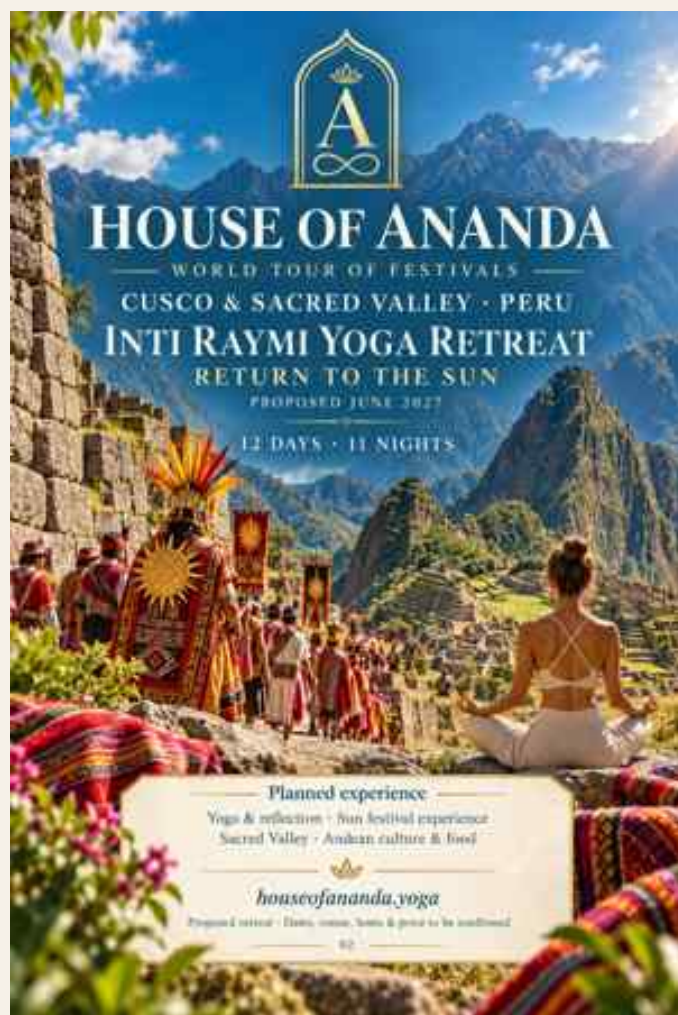
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Peru

Cusco & the Sacred Valley



Return To The Sun

Inti Raymi Yoga Retreat

June 2027

12 Days · 11 Nights / Proposed

Explore an Andean journey inspired by Inti Raymi, with yoga, reflection and local cultural experiences. The proposed programme pairs time in Cusco with a quieter Sacred Valley setting.

For travellers who enjoy cultural depth, mountain landscapes and reflective practice.

YOUR PROPOSED EXPERIENCE

Yoga & reflection

Sacred Valley

Sun festival experience

Andean culture & food

Festival access and the detailed programme will be confirmed before bookings open.

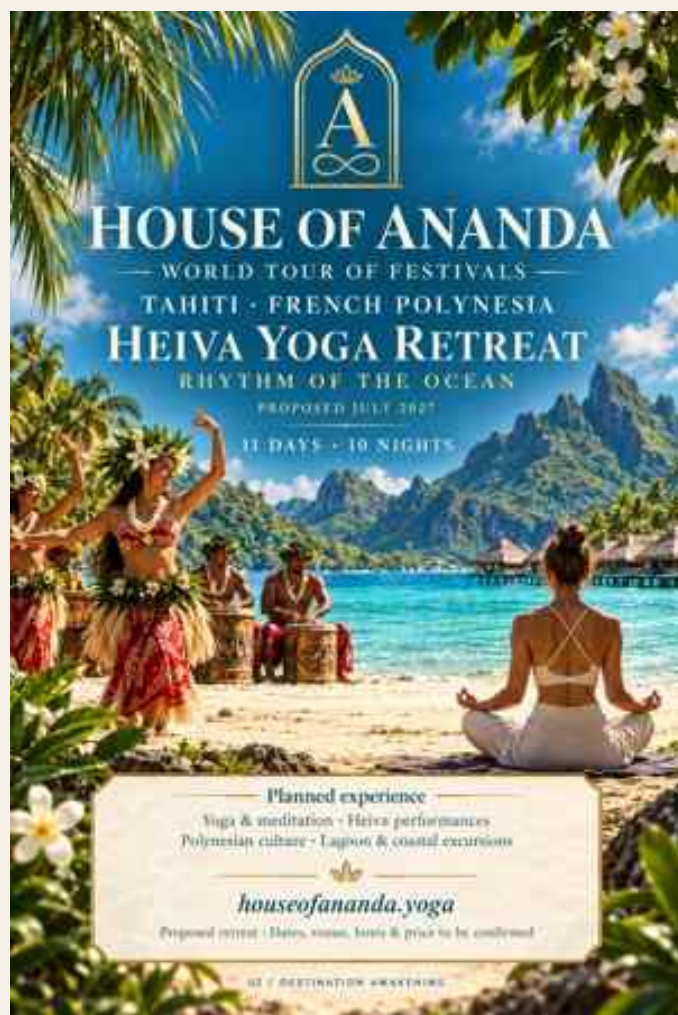
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Tahiti

French Polynesia



Rhythm Of The Ocean

Heiva Yoga Retreat

July 2027

11 Days · 10 Nights / Proposed

Let music and movement shape a Pacific escape inspired by Heiva. Selected performances, Polynesian culture and coastal excursions sit alongside yoga, meditation and open time beside the water.

For travellers drawn to dance, island traditions and ocean landscapes.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Polynesian culture

Heiva performances

Lagoon & coastal excursions

2027 performance dates and tickets to confirm.

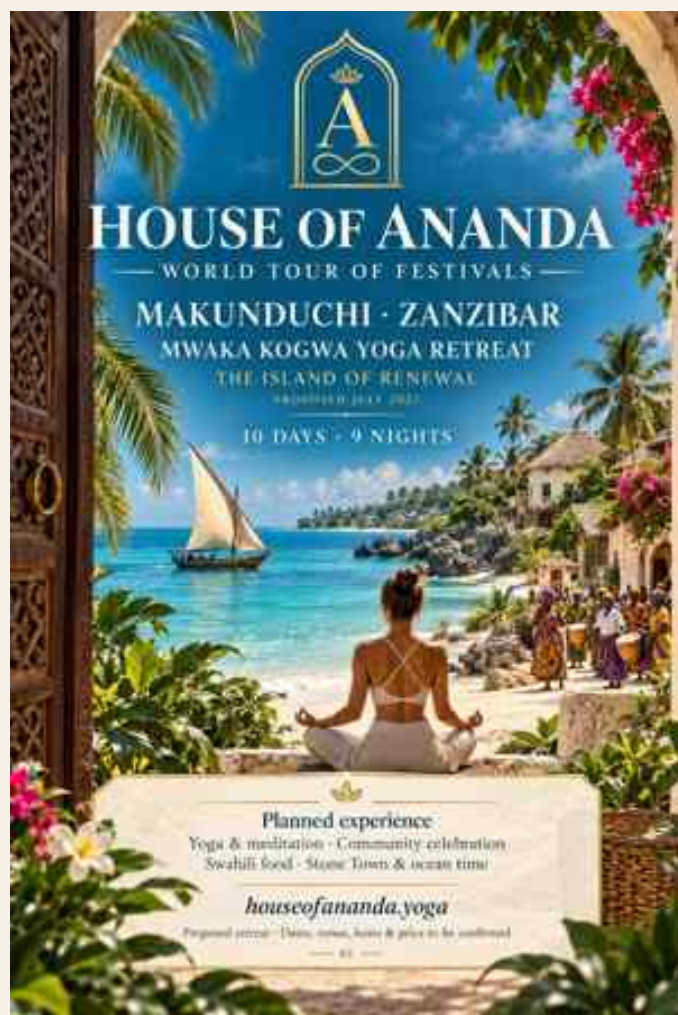
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Zanzibar

Makunduchi & the coast



The Island Of Renewal

Mwaka Kogwa Yoga Retreat

July 2027

10 Days · 9 Nights / Proposed

Combine ocean time with Swahili food and cultural discovery. This proposed retreat takes inspiration from Mwaka Kogwa, with community experiences arranged through local hosts and quieter moments for practice.

For those who enjoy coastal relaxation and locally guided cultural encounters.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Swahili food

Community celebration

Stone Town & ocean time

Festival access and the detailed programme will be confirmed before bookings open.

Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Tobago

Island heritage & rainforest



Roots, Rhythm & Rainforest

Heritage Yoga Retreat

Late July 2027

10 Days • 9 Nights / Proposed

Settle into a gentle island pace, with beach practice, rainforest walks and Tobagonian food. Selected village heritage events bring local stories, music and movement into the proposed journey.

For travellers who prefer small-scale cultural experiences and restorative surroundings.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Rainforest walks

Village heritage events

Beaches & Tobagonian food

Village programme to confirm; potential pairing with Grenada.

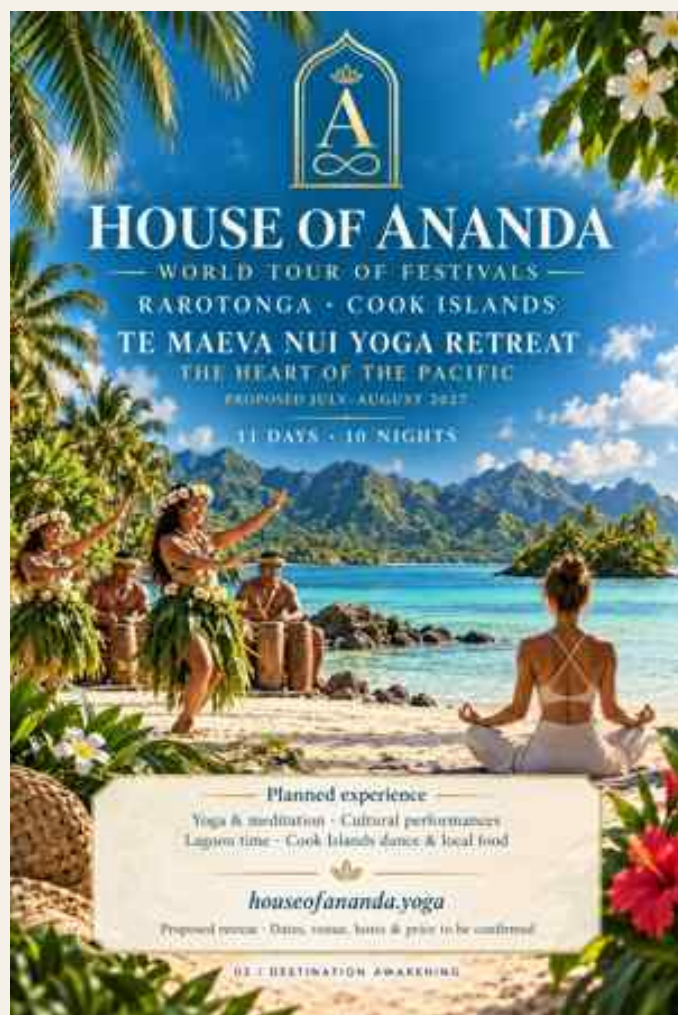
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Rarotonga

Cook Islands



The Heart Of The Pacific

Te Maeva Nui Yoga Retreat

July-August 2027

11 Days • 10 Nights / Proposed

A lagoon-side retreat inspired by Te Maeva Nui and Cook Islands culture. Yoga, local food and guided island time complement proposed cultural performances and opportunities to learn from local practitioners.

For a Pacific escape that balances movement, culture and unhurried island time.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Lagoon time

Cultural performances

Cook Islands dance & local food

2027 festival schedule to confirm; coordinate with Tahiti.

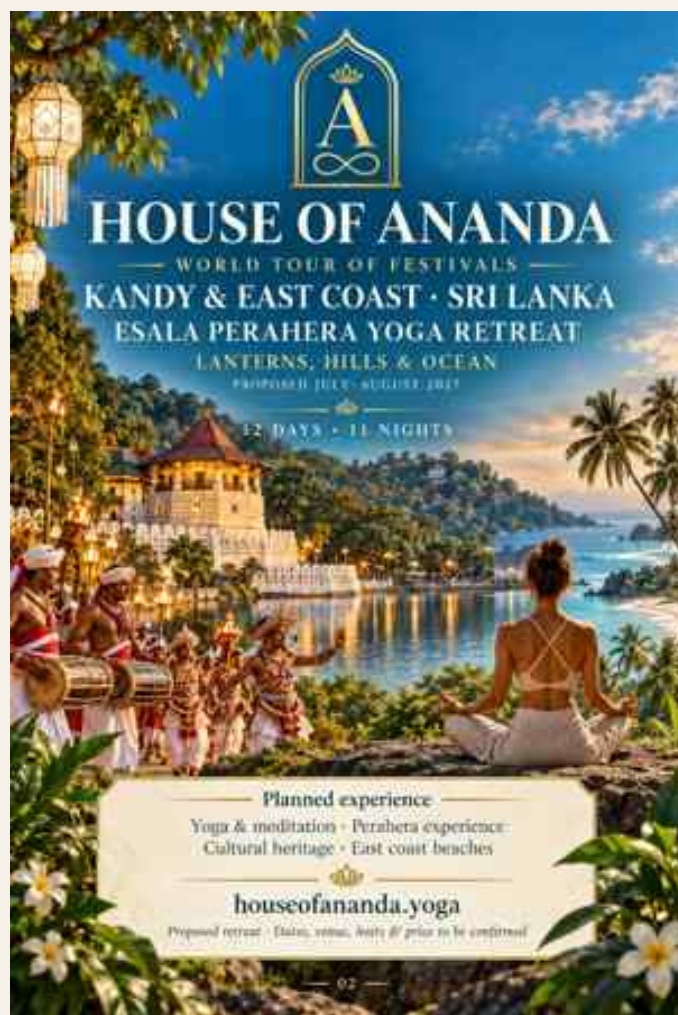
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Sri Lanka

Kandy & the east coast



Lanterns, Hills & Ocean

Esala Perahera Yoga Retreat

July-August 2027

12 Days · 11 Nights / Proposed

Move from cultural discovery in Kandy to restorative days on the coast. The proposed journey pairs an Esala Perahera experience with yoga, meditation and space to enjoy Sri Lankan food and heritage.

For travellers who enjoy a journey with contrasting cultural and coastal chapters.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Cultural heritage

Perahera experience

East coast beaches

Festival access and the detailed programme will be confirmed before bookings open.

Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Grenada

Spice, coast & carnival



Spice, Soul & Celebration

Spicemas Yoga Retreat

4-13 August 2027

10 Days · 9 Nights / Proposed

Welcome the colour of Spicemas while keeping room for rest. This proposed retreat brings together selected carnival experiences, yoga, chocolate and spice discoveries, and easy days near the beach.

For festival lovers who want celebration and recovery in equal measure.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Spice & chocolate

Selected carnival experiences

Beaches & restful days

Main carnival dates published: 9-10 August. Retreat is proposed.

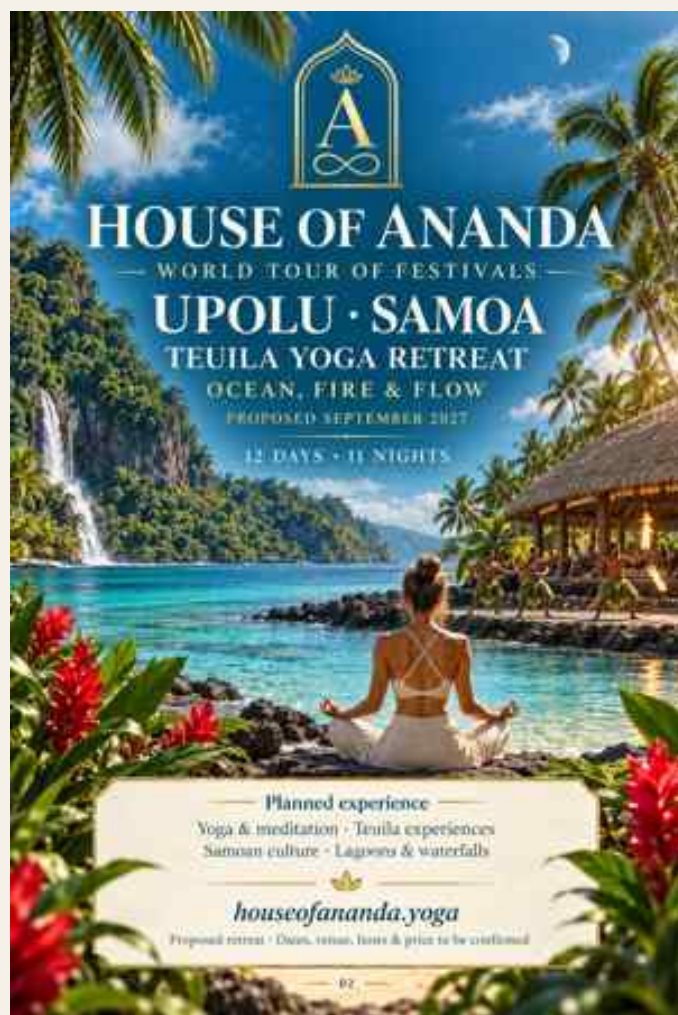
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Samoa

Upolu



Ocean, Fire & Flow

Teuila Yoga Retreat

September 2027

12 Days • 11 Nights / Proposed

A Pacific retreat inspired by the Teuila festival, with Samoan cultural experiences and time around lagoons and waterfalls. Yoga and meditation create a steady rhythm between outings and open afternoons.

For those drawn to island hospitality, cultural discovery and ocean time.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Samoan culture

Teuila experiences

Lagoons & waterfalls

Festival access and the detailed programme will be confirmed before bookings open.

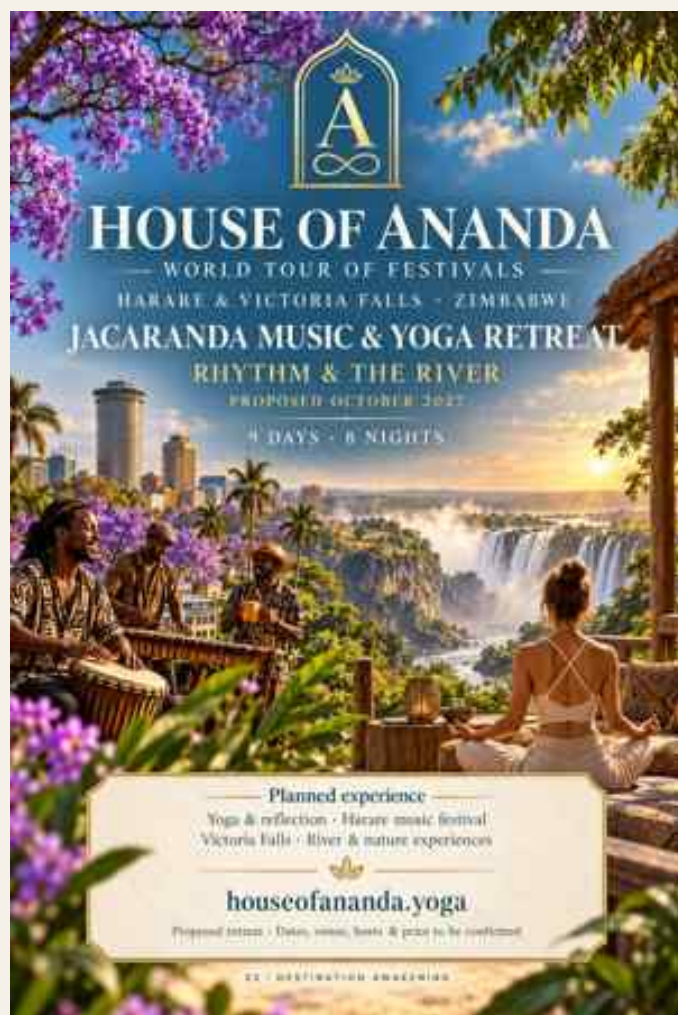
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Zimbabwe

Harare & Victoria Falls



Rhythm & The River

Jacaranda Music & Yoga Retreat

October 2027

9 Days · 8 Nights / Proposed

Begin with music and arts in Harare before moving to the Victoria Falls area for yoga, reflection and river experiences. This proposed two-centre journey connects festival energy with time in nature.

For travellers who enjoy music, changing landscapes and a balanced pace.

YOUR PROPOSED EXPERIENCE

Yoga & reflection

Victoria Falls

Harare music festival

River & nature experiences

2027 festival dates and internal transport to confirm.

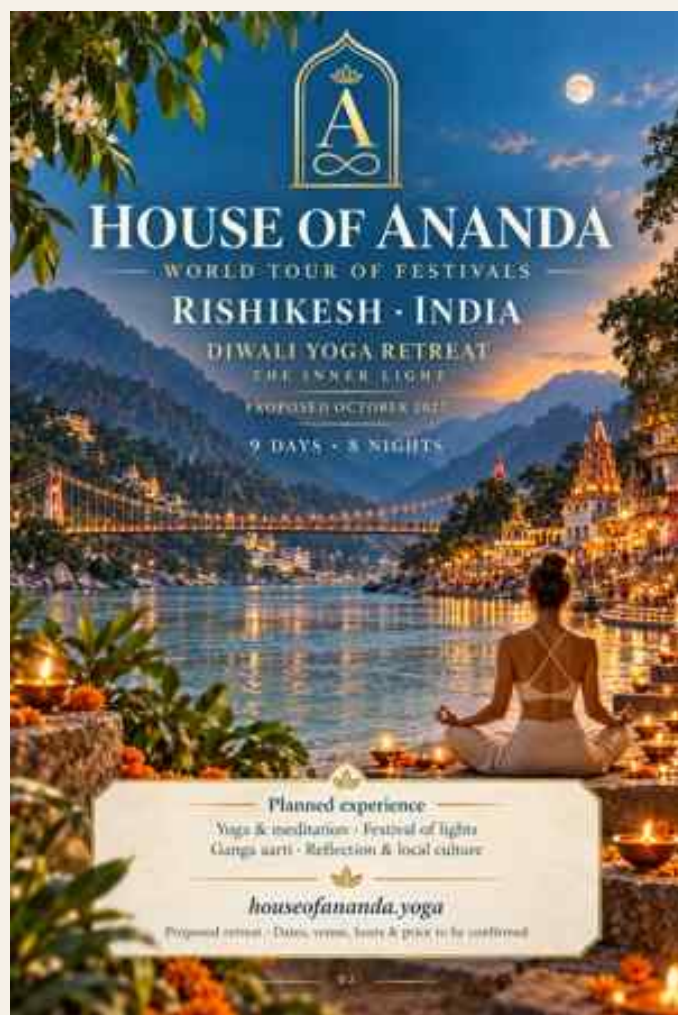
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Rishikesh

Diwali by the Ganga



The Inner Light

Diwali Yoga Retreat

October 2027

9 Days · 8 Nights / Proposed

Make space for the festival of lights and an inward journey of your own. Yoga, meditation and proposed local cultural experiences frame a reflective retreat in Rishikesh.

For those drawn to light-filled celebrations, stillness and time for practice.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Ganga aarti

Festival of lights

Reflection & local culture

Festival access and the detailed programme will be confirmed before bookings open.

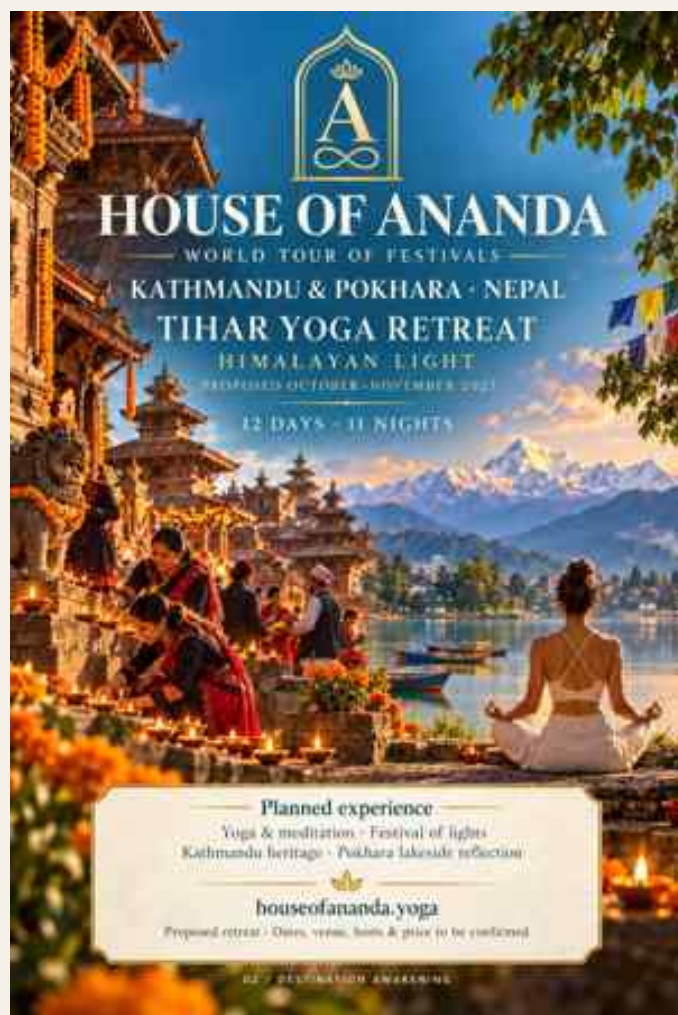
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Nepal

Kathmandu & Pokhara



Himalayan Light

Tihar Yoga Retreat

October-November 2027

12 Days · 11 Nights / Proposed

Begin in the Kathmandu Valley with locally hosted Tihar experiences, then find a quieter rhythm in Pokhara. Lakeside yoga and reflection complete this proposed journey of light, heritage and Himalayan atmosphere.

For travellers seeking cultural discovery followed by a restorative lakeside retreat.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Kathmandu heritage

Festival of lights

Pokhara lakeside reflection

2027 Tihar calendar to verify; coordinate with Rishikesh Diwali.

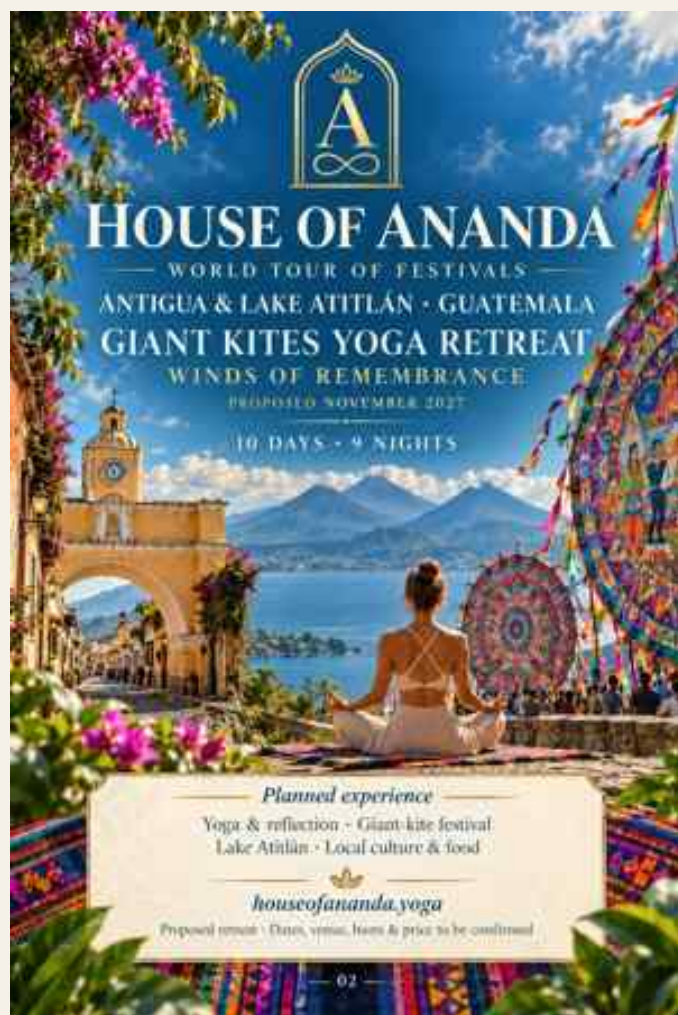
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Guatemala

Antigua & Lake Atitlán



Winds Of Remembrance

Giant Kites Yoga Retreat

November 2027

10 Days · 9 Nights / Proposed

A journey inspired by the giant-kite festival, with time for local culture, food and reflection. The proposed retreat pairs Antigua with a lakeside chapter at Atitlán and space for yoga between experiences.

For travellers drawn to living traditions, creative expression and reflective journeys.

YOUR PROPOSED EXPERIENCE

Yoga & reflection

Lake Atitlán

Giant-kite festival

Local culture & food

Festival access and the detailed programme will be confirmed before bookings open.

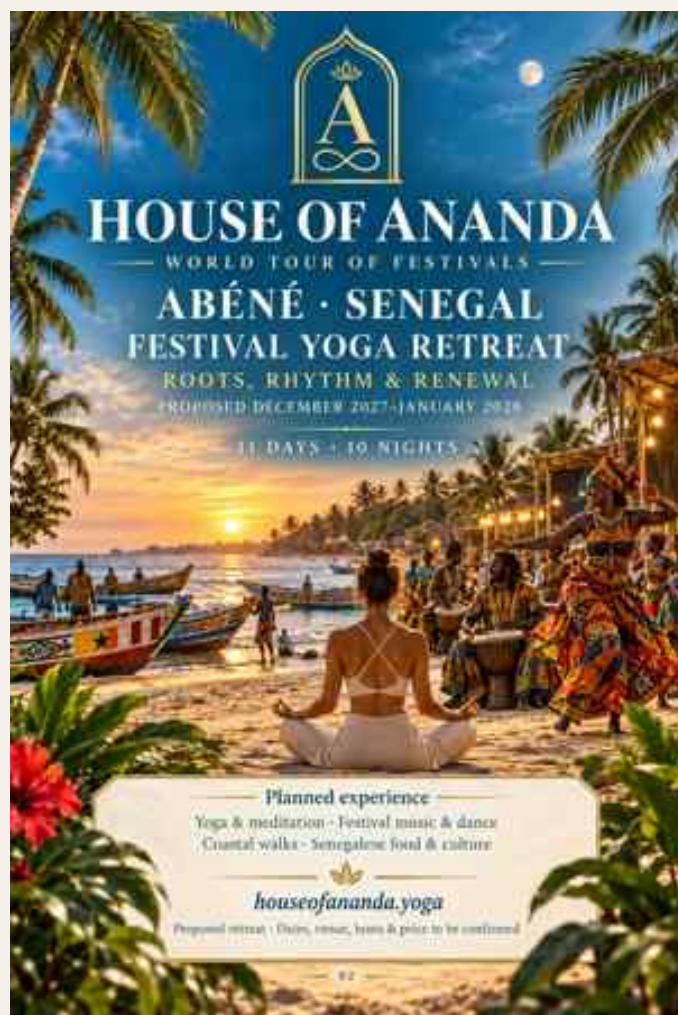
Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Senegal

Abéné



Roots, Rhythm & Renewal

Festival Yoga Retreat

December 2027-January 2028

11 Days · 10 Nights / Proposed

Close one year and welcome the next with music, movement and coastal walks. This proposed Abéné retreat brings festival experiences and Senegalese food together with yoga, meditation and restful time.

For a year-end journey shaped by community, rhythm and renewal.

YOUR PROPOSED EXPERIENCE

Yoga & meditation

Coastal walks

Festival music & dance

Senegalese food & culture

Festival access and the detailed programme will be confirmed before bookings open.

Dates, accommodation, teachers, inclusions and price remain to be confirmed. Artwork illustrates the retreat concept.

Optional Tai Chi programme / see page 27

Explore House of Ananda / houseofananda.yoga

Tai Chi / Stillness in Motion

A proposed movement strand for selected House of Ananda retreats.

Move slowly. Find your rhythm.

Explore flowing movement, attentive stepping and quiet concentration, with time to enjoy the practice at your own pace.

THE PRACTICE

Tai Chi (Taijiquan) is a Chinese martial art practised through connected movements, posture, breathing and focused attention. The retreat introduction offers a gentle starting point, while acknowledging its martial roots and the teacher's style. [11]

THREE WAYS TO JOIN

Morning Flow / 25 minutes

Four optional morning sessions during a ten-day retreat. Begin with easy preparation, explore a short movement sequence, and finish with quiet standing or seated reflection.

Foundations / 45 minutes

Two small-group workshops introducing posture, comfortable weight transfer, coordinated arm movement and stepping. Revisit familiar material so guests can build confidence.

Sunset Stillness / 20 minutes

One optional closing practice with a gentle recap and reflection. Schedule it on a quiet evening, with no pressure to attend after a long festival day.

ALONGSIDE YOGA & MEDITATION

Offer Tai Chi in place of selected morning yoga sessions, or as an optional alternative where staffing allows. Keep meditation as a shared point of connection. If Qigong is taught, identify it separately and explain its relationship to Tai Chi.

No previous Tai Chi experience is required for the proposed beginner strand. Participation, adaptations and the final teaching sequence are agreed with the instructor. This is an introduction, not a teacher-training qualification.

Your Tai Chi retreat rhythm

Example for a ten-day / nine-night departure. Timings adapt to the festival programme.

DAY 1	Arrive & settle Welcome, interests and movement needs; no formal session.
DAY 2	Foundations I / 45 min Meet the teacher; posture, preparation and comfortable weight transfer.
DAY 3	Morning Flow / 25 min Revisit foundations and begin a short teacher-selected sequence.
DAY 4	Morning Flow / 25 min Repeat familiar movements; explore relaxed coordination.
DAY 5	Festival & free time A day without a scheduled Tai Chi class.
DAY 6	Foundations II / 45 min Review, supported stepping and linking the chosen movements.
DAY 7	Morning Flow / 25 min Practise the sequence with individual feedback.
DAY 8	Morning Flow / 25 min A familiar flow with options to simplify or rest.
DAY 9	Sunset Stillness / 20 min Gentle recap, reflection and a personal practice plan.
DAY 10	Depart Take home teacher-approved notes for continued learning.

DELIVERY & ACCESS

Appoint a suitably trained Tai Chi instructor with beginner-teaching experience and appropriate insurance. Use a level, non-slip practice area with shade or an indoor alternative. Offer comfortable ranges, higher stances, rest and supported or seated adaptations where appropriate; never force a painful movement.

Proposed rollout: pilot on one coastal retreat, then extend according to teacher availability and guest feedback. Tibet requires separate planning around acclimatisation. Fees, session access and whether classes are included or separately priced must be confirmed for each departure.

[11] [NCCIH: Tai Chi - What You Need To Know](#). Background reference. Programme design and timings are House of Ananda proposals.

A programme that can grow

Build regional departures and rotating editions around the festival calendar.

CARIBBEAN / FIRST DEVELOPMENT PRIORITY

St Lucia, Tobago and Grenada

Start with the three Caribbean briefs. St Lucia has its own May departure; Tobago followed by Grenada is the strongest potential summer pairing. Confirm the Tobago programme and connections before offering a combined trip.

INDIA & HIMALAYA

Goa, Rishikesh, Nepal and Tibet

Resolve Goa/Holi and Nepal/Diwali overlaps with alternative departures or separate hosts. Develop Tibet with a specialist operator before publishing a fixed itinerary or taking bookings.

SOUTH PACIFIC

Tahiti, Rarotonga and Samoa

Launch one additional Pacific retreat first, with Tahiti the proposed first choice. Add Rarotonga in the next expansion round. Keep Samoa as its own September departure unless routing supports a wider journey.

AFRICA & THE WIDER COLLECTION

Zimbabwe alongside the existing destinations

Develop Zimbabwe with a local partner and budget for Harare-to-Victoria Falls transport. Retain the existing retreats as regional alternatives, with sufficient preparation and recovery time between hosted departures.

From concept to departure

The practical framework for turning the expanded collection into bookable retreats.

A consistent retreat rhythm

For standard departures, plan around 12-16 guests, morning yoga, generous free time and two or three cultural experiences. Choose festival attendance thoughtfully rather than filling every evening.

Local relationships

Work with local guides, performers, cultural practitioners and venues. Confirm invitations and access before including ceremonies or community activities in the programme.

A complete costed brief

For each retreat, shortlist two venues and price accommodation, meals, teachers, festival access, guides, transfers and contingencies. Establish the minimum viable group size and cancellation terms before setting a selling price.

Tibet needs its own design

Current guidance requires permits through a specialist agent and an organised tour. Access can change. Keep a Lhasa-centred itinerary with acclimatisation, and let the specialist operator advise on festival-related visits. [10]

Season and travel flexibility

Build weather and transport disruption into the Caribbean summer departure terms. Confirm inter-island flights before marketing linked journeys. Leave transfer and recovery days between retreats.

What is confirmed here

Only the cited festival announcements are treated as published anchors. Every House of Ananda retreat remains proposed. Existing retreat windows are carried forward from the flyer collection and require reconfirmation before launch.

Festival notes & sources

Research supporting the expansion plan / 1 of 2. Source status carried from the planning research.

1. Goa Shigmo

India Ministry of Tourism festival listings. Spring cultural context; 2027 local dates unconfirmed.

[Open official source](#)

2. St Lucia Jazz & Arts

Organiser save-the-date: 30 April-9 May 2027. Proposed retreat: 2-11 May.

[Open official source](#)

3. Tahiti Heiva

Tahiti Tourisme festival description. July is the planning window; 2027 programme unconfirmed.

[Open official source](#)

4. Tobago Heritage

Tobago Tourism festival listings. Mid-July to early August is the planning basis; 2027 village programme unconfirmed.

[Open official source](#)

5. Rarotonga Te Maeva Nui

Cook Islands Tourism cultural calendar. Late July/early August planning window; 2027 details unconfirmed.

[Open official source](#)

The original thirteen retreat concepts and their proposed windows are retained from the existing House of Ananda flyer pack. They have not been independently revalidated for this brochure. Artwork is illustrative; venue images do not indicate bookings or partnerships.

Festival notes & sources

Research supporting the expansion plan / 2 of 2. Source status carried from the planning research.

6. Grenada Spicemas

Organiser lists Jouvert and Monday Night Mas on 9 August, Fancy Mas on 10 August 2027.

[Open official source](#)

7. Zimbabwe Jacaranda

Festival organiser. October planning basis from previous editions; 2027 dates unconfirmed.

[Open official source](#)

8. Nepal Tihar

Nepal Tourism Board describes the five-day festival. Do not treat the page's undated day/month heading as a verified 2027 calendar.

[Open official source](#)

9. Saga Dawa context

US Department of State describes the festival period and travel requirements. This is background, not a verified 2027 Lhasa event schedule.

[Open official source](#)

10. Tibet access

UK FCDO: permits through specialist agents, organised tours and possible restrictions without notice.

[Open official source](#)

The original thirteen retreat concepts and their proposed windows are retained from the existing House of Ananda flyer pack. They have not been independently revalidated for this brochure. Artwork is illustrative; venue images do not indicate bookings or partnerships.